

# Harnessing Energy

Wellness guru brings multicultural healing to new Santa Monica clinic

**By Bridgette M. Redman**  
French wellness guru Richard Garnier believes Santa Monica is the perfect place for his new wellness center.

The founder of hypnomagnetism and his business partner have opened a two-story luxury space on Santa Monica Boulevard that caters to the rich and famous. It features a private treatment office, a library, waiting lounge, meeting and activity rooms, a full kitchen and a grand open-air patio with ocean views on the third floor.

"I am proud to have been able to help people with my unique approach to healing for over 30 years," Garnier said. "I specifically was drawn to the energy of Santa Monica when I decided to expand my work to Southern California. Santa Monica is the perfect location for my Hypnomagnetism Wellness Center, which I believe will become the



PHOTOS BY CHRIS MORTENSON

French alternative wellness expert, bestselling author and founder of Hypnomagnetism, Richard Garnier, recently opened a new wellness center and practice in Santa Monica.

ultimate spiritual retreat and refuge for my patients." Hypnomagnetism is a word that Garnier created, one that represents a mix of many different traditions from such countries as Tibet, China, Bali, Indonesia, Canada and from Native American people. After studying deeply those traditions, he said he created his own system, one that draws from them as well as modern medicine and technology. He combines Eastern and Western methodologies, also drawing upon neuroscientific techniques such as hypnosis and neuro-linguistic programming. The clinic in Santa Monica is designed to help clients with whatever their needs are. Garnier said his first patient had a cancerous tumor inside her liver. Other things he treats include physical health issues, smoking cessation, addiction, weight loss, stress management, focus and concentration,

sleep improvement, anxiety, creativity blockage, libido and cultivation of inner peace and happiness. Many of the people who come to him are those for whom traditional Western medicine hasn't worked. It was a friend who originally told him he should come to Santa Monica. He was skeptical, but when he came out to teach there, he said he understood. "When I began to connect with the energy here during my teaching many years ago, I said, 'Yes, it's like my own energy, I know this place, it is my place,'" Garnier said. His partner, Thierry Pillet, said they could have settled anywhere in the western U.S., and they did look at a number of locations from Las Vegas to Venice. But it was Santa Monica that spoke to them. "I can tell you the beautiful story that he walked from morning to night with a

**THE POLLINATOR**  
IN HIS OWN WORDS

**WILLIAM G. REAGAN**

Excerpts from this novel--The Pollinator In His Own Words--read by the author, exemplify the intimate relationship between two art forms: painting and writing. The protagonist of this tale, through the mystic art of surfing, slowly develops the ability to fly. As the story evolves, he discovers that he can, during flight, by way of olfactory engendered clairvoyance, accumulate and store internally essential love; eventually he is able to bestow this love. The following excerpts, inspired by the paintings of Edward Hopper, occur in the story when the protagonist is beginning to collect such essences of primal bliss.

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